

Dear Vail Mountain School Families,

With Spring sports around the corner, it is time to get your child registered for Spring Sports! Please look over the dates listed below and register online if you have not done so already. PLEASE NOTE THAT UPPER SCHOOL INFO IS LISTED BELOW THE MIDDLE SCHOOL INFO.

### **Middle School Spring Sports Registration Letter 2021-2022 school year**

#### **SPORTS PHYSICALS**

In order to participate in VMS athletics, all Middle School students must have a sports physical on file. Athletes can visit their regular family physician for this exam. Most clinics have a generic form on file that we will accept or you can download one at [Vail Health](#)

#### **ONLINE REGISTRATION**

Middle School families use a service called [FamilyID](#) to register for sports at VMS. Students must register before the first day of the sports season- see dates below. If your child is new to VMS athletics, you will need to create an account once your child has completed his/her sports physical. Go to FamilyID and select the program for which you wish to register to create an account.

#### **ATHLETICS CALENDAR**

The competition schedule for each sport will be posted on the VMS website at [VMS.edu](#).

#### **GIRLS SOCCER**

- Monday, March 14 - Saturday, May 14.
- Practices: Mon, Tues, Thurs, Friday: 3:15-4:15
- Game Schedule will be sent in the coming weeks
- Coach Steve Gordon, [sgordon@vms.edu](mailto:sgordon@vms.edu)

#### **BOYS LACROSSE**

- Monday, March 14 - Saturday, May 14.
- Practices: Mondays and Wednesdays: 3:15-4:15pm
- Game schedule TBD (Looking like 3 Away games during the week for all grades)
- Coach: Bobby Ecker, [becker@vms.edu](mailto:becker@vms.edu)

#### **CLIMBING CLUB**

- Monday March 14- Saturday, May 14.
- Practices: Mondays and Wednesdays @ VMS 3:30-4:30 pm
- Coach- TBD

If you have any questions regarding VMS athletics for the upcoming school year, please feel to call or email me at any time.

Thank you,

Bobby Ecker  
VMS Athletics  
970-477-7168  
[becker@vms.edu](mailto:becker@vms.edu)

## **Upper School Spring Sports Registration Letter 2021-2022**

Dear VMS Upper School Families,

The following Upper School spring sports are slated to begin on Monday, February 28th, 2022. **The deadline for spring sport registration is Monday February 21st.**

- Boys Lacrosse
- Girls Soccer
- Girls Tennis
- Girls Golf
- Climbing Club
- Fitness

**In order to participate in any sport, all Upper School students must have the following completed before the first day of practice: (See below for details on each)**

**Physical**  
**FamilyID Registration**  
**Fees paid**

### **SPORT Requirement**

VMS requires all students to participate in at least 1 athletic activity per year for PE credit. The following activities will be offered to VMS Upper School athletes this Winter. Coaches will reach out with specific practice times before the season begins. If your child plans to play a sport that VMS does not offer you will have to register through that school specifically, (I.E- Football, Track & Field). Please reach out to me with any questions.

### **ONLINE REGISTRATION**

If your child participated in a fall or winter sport, you have already set up an account with [FamilyID](#). All you need to do is to go in and select the spring sport your child would like to participate in this year, if you have not done so already. If your child did not participate in fall or winter sports, then you will need to update your account from last year or set up an account in order to register.

### **Information Needed to Register**

For new accounts, it will be helpful to have the following information on hand when completing the online registration form

- Completed sports physical ("Physician's Clearance Form") from your family doctor or the Steadman Clinic
- Health Insurance Information (Carrier and Policy Number)
- Doctor Information (Name and Phone Number)
- Emergency contact information

To register, go to [FamilyID](#)

### **Physician's Clearance Form**

Each school year, your child must be cleared by a physician in order to participate in high school sports. This form must be uploaded to your FamilyID account, or given to me directly. A completed physical examination is required. Most physician's offices carry a generic version of this form but one can also be downloaded at: [Sports Physical Form](#)

### **SPRING SPORTS**

The following activities will be offered to VMS athletes this spring. If you have specific questions about your child's sports season, please contact the head coach directly.

#### **Boys Lacrosse:**

**Start Date:** Official practices begin February 28th. Practices take place Monday-Saturday. Times will vary each week.

**Fee: \$250**

**Head Coach:** Steve Michel- [Stephen.michel@gmail.com](mailto:Stephen.michel@gmail.com)

#### **Girls Soccer:**

**Start Date:** Official practices begin February 28th. Practices take place Monday-Saturday. Times will vary each week.

**Fee: \$150**

**Coaches:** Bob Bandoni - [rbandoni@shouldertoshoulder.com](mailto:rbandoni@shouldertoshoulder.com); Brian Sweeney - [bsweeney@vms.edu](mailto:bsweeney@vms.edu); Liana Sideli - [lsideli@vms.edu](mailto:lsideli@vms.edu)

#### **Girls Tennis:**

**Start Date:** Official practices begin February 28th. Practices will take place at Homestead Court Club in Edwards - Practice and Game Schedule TBD

**Fee: \$250**

**Head Coach:** Hillary McSpadden - [hmcspadden@slifer.net](mailto:hmcspadden@slifer.net)

#### **Girls Golf:**

**Start Date:** Official practices begin February 28th. Practices will take place on courses down valley. Days/time will vary based on course and tee-time availability.

**Fee: \$250**

**Head Coach:** Liz McCabe- [liz.g.mccabe@gmail.com](mailto:liz.g.mccabe@gmail.com)

#### **Climbing Club**

**Start Date:** Practices begin February 28th. Practices and meets TBD.

**Fee: \$150**

**Head Coach:** Sam Rosenkrantz - [srosenkrantz@vms.edu](mailto:srosenkrantz@vms.edu)

**After School Fitness:****Start Date:** TBD. (Mid March-Mid May)

In order to be used for VMS PE credit, students must attend 10 out of 12 fitness classes. The class is graded as Pass/Fail. *NOTE: You will not register at FamilyID for these classes. A sign up sheet will be sent out later this month.*

**Fee:** \$150**Coach:** Ross Sappenfield - [rsappenfield@vms.edu](mailto:rsappenfield@vms.edu)**ATHLETICS CALENDAR**

The competition schedule for some sports is already posted online. The rest will be updated as soon as they are confirmed. Check out the schedules at: [VMS Sports Calendar](#) Please continue to check this calendar for updates as events can change throughout the season.

**UNIFORM POLICY**

In order to ensure that uniforms are returned in a timely manner, VMS will adhere to the following policy moving forward:

All uniforms must be turned in laundered and complete within one week of the final match of the season. Any athlete who does not turn in a complete uniform will be charged a \$100 replacement fee or the full value of the replacement of the uniform (whichever is higher).

If a uniform is turned in completely after the deadline, the athlete will be charged a \$25 late fee, but the rest of the charges will be refunded.

Missing pieces of uniforms will be dealt with on a case-by-case basis and charged accordingly.

All the best,

Bobby Ecker  
VMS Athletic Director  
970-477-7168, [Becker@vms.edu](mailto:Becker@vms.edu)